

At Vital Life Medicine, we are excited to take part in telemedicine which offers a convenient solution to clients and Dr. Berger through technology.

Please read the following information prior to your telemedicine appointment:

Telemedicine involves the use of electronic communication to enable Dr. Berger and clients to meet outside of a face-to-face setting. Dr. Berger may be using software from her private home. We do our best to protect your privacy. Our software is HIPAA compliant, our Internet is password protected and there is no one else in the room during our telemedicine visit. We can not guarantee security over the internet from malicious attacks on our system or privacy protection through your internet and computer system.

To go to your scheduled Telemedicine appointment it is as easy as clicking on the link on the For Patients tab on Vital Life Medicine's website. If you have a scheduled appointment, you will be connected to the Dr. Berger. To schedule an appointment, please call/text (425) 268-8057.

Supplies and Equipment Needed:

A personal computer or tablet with internet access, video camera and sound will be needed to fully participate in a remote session.

Here are a few things that can make your visit go smoothly.

- Using a smart phone will work but is not optimal as we can see you better on a computer.
- Sit near router if possible (often outside or walking isn't best connection).
- Have a headset/earbud available if sound connection or background noise is not ideal.
- If you have an iPhone, you need to go through your Safari browser to connect.